



## **Louis Charles Begg Compassion for Ghosts in New Book**

*The newly published book 'Helping Ghosts: A Guide to Understanding Lost Spirits' tells the story of experimental ghost communication and pleas for help from the spirit world.*

Canton, OH, May 29, 2010 --([PR.com](http://PR.com))-- Louis Charles, publisher of the popular website 'Angels & Ghosts,' shares accounts of suffering spirits and how we can ease their pain. People have often sought to understand the oddities associated with ghostly haunting. Using modified recording devices, Louis recorded numerous ghost voices asking for help. Alarmed by the mysterious messages, he began working with psychics and ghost investigators to answer their cries and alleviate their suffering. His new book offers explanations for why ghosts behave the way they do and how we might help them through compassionate communication.

"I wanted to bring the human aspect of spirits to light. The book details years of study, field experiments, and ghost investigation cases. I reveal insights and techniques to help suffering, disembodied people move on in their life-journey," said Louis.

The recent rise of ghost-themed TV shows has generated a greater interest in ghosts and haunting. Louis has noticed something lacking within the ghost hunting community and society at large. Compassion.

"Ghosts have been largely misunderstood, often portrayed as an enigma we should sometimes fear," Louis contends. "I wanted to challenge commonly-held beliefs about spirits and haunting."

The book ensued after he found some success solving cases of haunting.

Early previews of 'Helping Ghosts' have garnered some wonderful endorsements.

"With love, compassion, insight and a treasure chest of experience and knowledge, Louis Charles illuminates the world of ghosts - some of whom may be our own 'deceased' loved ones - and how we may help them. I highly recommend this book." -Robert Schwartz, author, 'Your Soul's Plan: Discovering the Real Meaning of the Life You Planned Before You Were Born'

"This book is a must read for any individual who is interested in the paranormal, spirits, ghosts, and the metaphysical world. It is a breath of fresh air, greatly needed in the plethora of related books, and focuses on the often overlooked subject of 'helping ghosts.' It is both an informative and educational read." -Sherri Brake, author, 'The Haunted History of the Ohio State Reformatory'

Helping Ghosts: A Guide to Understanding Lost Spirits published May 20, 2010 and is available on-line at [HelpingGhosts.com](http://HelpingGhosts.com) and Amazon at <http://amazon.com/gp/product/145284707X/>

###



**Contact Information:**

Louis Charles  
330-844-1492  
webmaster@helpingghosts.com  
www.HelpingGhosts.com

**Online Version of Press Release:**

You can read the online version of this press release at: <http://www.pr.com/press-release/238075>